CAT 2025 Exam Day Dos & Don'ts & Exam Day Guidelines PDF

CAT 2025 Exam Day Dos and Don'ts: Check Important Guidelines, Items to Carry and Not Carry

CAT Exam Day Dos and Don'ts 2025 are important guidelines and instructions that are issued by IIMs for candidates to ensure smooth conduct of the exam. CAT 2025 exam will be held on November 30, 2025. Read important CAT 2025 Exam Day Dos and Don'ts, and CAT 2025 Exam Day Guidelines and. Also check things to carry and things not to carry to CAT exam center, how to locate your exam center, seat and other important details. Important notification regarding IIM CAT 2025 Security measures: IIMs have taken additional measures to ensure the security of the examination, including the deployment of mobile jammers in select locations. Read more details in article below. CAT 2025 exam day Dos & Don'ts PDF and CAT 2025 Exam Day Guidelines PDF is also available from the links below.

CAT 2025 Exam Day Dos
Preparing for CAT exam day is as important studying for the exam for months. Read and follow the important **CAT 2025 Exam Day Dos and Don'ts** starting with what you must remember to do.

- **Recheck Admit Card details:** You should recheck your Name, CAT Application Number, Test Centre address, CAT exam slot and reporting time at centre and other details in your CAT admit card 2025. Ensure that all your details are correct. If there is any error, contact CAT Exam centre help desk by email or phone (details given at the end of the article)

- **Print and Carry your CAT Admit Card Hard Copy:** To enter CAT exam center, you will require hard copy of your admit card with passport size photo affixed on it. If not done till now, download your CAT Admit Card from CAT Website, take print on A4 size paper, fix your identical photograph in the given space on it. Read more about how to download CAT admit card 2025.

- **Keep your Photo ID Ready:** One of the important CAT exam day dos is that you need original copy of your Photo ID to show at the exam gate. Following photo IDs are acceptable for CAT Exam:

  - Aadhar card

  - Voter Id card

  - Passport

  - PAN Card

- Driving License

- **Visit your CAT Exam Centre Before Exam Day:** This is an important part of CAT exam day preparation. Use the Google map link embedded on the electronic version of the Admit card to locate the test centre and visit it before exam day. Also check for 2-3 days the approximate time it takes to reach exam centre. This will help you plan for the exam day. Identify mode of transport and commuting time at least a day before the CAT Exam Day in order to reach the test centre on time.

- **Choose Correct Dress for CAT Day:** Choose what you wish to wear on CAT exam day well in advance. The dress should keep you comfortable throughout the CAT exam day and should allow to sit for two hours while taking the exam. However, make sure that your dress does not violate the CAT exam dress code which does not allow garments with large buttons or footwear with thick. Read complete details on CAT 2025 Dress Code.

- **Arrive at CAT Centre in Time:** You must reach the CAT test center as per the reporting time for your allotted exam slot. IIM CAT exam day instructions ask candidates to reach exam centre 90 minutes before the start time of the exam.

- **Locate Your Testing Room & Seat:** You will not find display of seating arrangement outside CAT Exam Centre. IIMs have stopped displaying the mapping of 'Candidate Application Number and the Lab Number' outside the test venue. However, the help is provided to the candidates individually at the time of the entry to the test venue. So go inside the test center first and the security staff will guide you which testing room you should go to.

- **Items You Can Carry Inside CAT Test Centre:** Check complete list of items you can carry and not carry to exam centre below. Don't carry prohibited items to avoid unnecessary last-minute stress!

- **Ensure to Mark Attendance:** Mark your attendance in the Form with signature when asked for, in the CAT testing room after completion of biometrics. If you fail to mark attendance, you may be treated absent from the exam.

Next in the CAT 2025 Exam Day Dos and Don'ts list is list of things that you must not do!

CAT 2025 Exam Day Don'ts
After going through the CAT exam day dos, it is also very much necessary to know what are the CAT Exam Day Don'ts 2025. Check this list of CAT Exam Day Don'ts.

- **Don't carry Prohibited Articles in CAT Exam Centre:** While going to take CAT exam, you should not carry and wear the following dresses and items:

  - Do not wear oversized Jackets or heavy Jewellery or Shoes with thick soles
  - Do not wear Garments with large Buttons
  - Do Not carry Electronic Watch, Mobile Phone, Bag, Wallets etc to the CAT test centre.

- o No Stationery items like Pen, Pencil, Eraser etc. are allowed in the testing hall

- **Don't Apply Mehndi or Henna:** Do not apply Henna (Mehndi) on your hands (palm side). It is a very important CAT exam day don't for the girl candidates who apply Mehndi regularly on their palms. On the day of the test, your digital finger print scan will be captured and applying Henna (Mehndi) on palm side may be a hindrance in getting your biometrics captured. If your finger prints cannot be digitally scanned, you will not be permitted to take the test.

- **Don't Ask for Bio Break during CAT Exam:** Set your Bio Clock as per the CAT exam timing. Do not request for a bio-break while inside the Exam Lab unless it is a medical emergency. No bio breaks are allowed during the 2 hours of the CAT exam.

- **Only PwD candidates can have companion at CAT Centre**
Unless you are a Persons with Disabilities (PwD) candidate and have asked for a Scribe, no one is allowed to enter the CAT test centre gate with you.

- **Don't Resort to Unfair Means:** Do not attempt to speak or ask any thing with other candidates in the exam hall. If you do, you will run the risk of getting debarred. Each question is placed at different serial number for each test taker.

IIM CAT 2025 Exam Day Guidelines
IIM Kozhikode will release CAT exam day instructions and guidelines before the exam date. CAT exam day guidelines and instructions include:

- When to Reach CAT exam centre

- What to Carry at CAT exam Centre

- Which are the prohibited items at Exam centre

- Flow chart How to proceed on the test day

More details about IIM CAT 2025 exam day guideline will be published on this page as soon as it is released.

Things to Carry and Not Carry in CAT 2025 Exam Centre

An essential part of CAT Exam Day Dos and Don'ts 2025 is that you should remember to carry some important items, and must not carry prohibited items. Read more details in the following section.

You can carry only a very few items in CAT exam centre. Check things to carry and not carry in CAT 2025 Exam Centre.

Things to Carry for CAT Exam
Check the list of things to carry in CAT exam:

1. CAT 2025 Admit Card

2. Photo Identity Proof

3. Medical Certificate(s) if required

4. Scribe Affidavit if required

Candidates will be provided with one pen and one writing pad. After the exam, you have to deposit a copy of admit card, pen and scribble pad (with all pages intact). You can also carry small food items, a water bottle and other personal essentials to the exam centre.

Remember, there are no arrangement to deposit mobile phone, bags or other valuables inside the test centre premises.

Things not to carry to the CAT exam centre
Check the list of items and important document not to carry to the exam centre:

1. Watch and Calculators

2. Mobile phones or any other electronic gadgets

3. Wallet, Purse or other items

4. Pencil/Pen/Paper/Notepad and other stationary items are also not allowed

Any candidate found with any of these items inside the exam hall will be disqualified and debarred from the exam. We hope this section has answered the question - what to carry for CAT Exam?

CAT 2025 Exam Day Check List

If you want a handy CAT exam day checklist 2025 to help you prepared for the D-day, check the list below. It takes care of virtually everything you need to prepare for the CAT exam day.

1. Recheck all details on the CAT admit card
2. Print and carry a hard copy of the CAT admit card
3. Carry a valid government photo ID
4. Wear simple and comfortable clothes (avoid metallic items, thick-soled shoes, heavy jackets or jewellery)
5. Reach the exam centre well before reporting time
6. Locate your exam hall and assigned seat
7. Carry only the allowed items: Admit Card, Photo ID, Water bottle (if permitted)
8. Do **not** carry mobile phones, electronic gadgets, watches, calculators, stationery, wallets, purses, books or bags
9. Do **not** apply mehndi/henna on hands as it may interfere with biometrics
10. Follow all CAT exam day instructions and guidelines at the centre

CAT 2025 Exam Day Mistakes To Avoid

Many students lose marks not because of lack of preparation, but due to avoidable errors under pressure. Keeping these mistakes in mind will help you stay calm and perform better.

- Avoid arriving late at the exam centre.
- Avoid forgetting your printed admit card or valid photo ID.

- Avoid wearing restricted items like metal accessories, smartwatches or thick-soled shoes.
- Avoid spending too much time on a single difficult question.
- Avoid panicking and randomly marking answers without proper reasoning.

Also read CAT 2025 last minute preparation guide.

CAT 2025 Exam Day Flow Chart
The CAT exam follows a structured process from entry to exit to ensure verification of candidates and smooth conduct of the exam. The flow below will help you understand what to expect at every step so you can remain calm and prepared on exam day.

IMAGE

CAT 2025 Exam Slot Wise Reporting Time, Exam Time
After understanding important CAT 2025 exam day dos and don'ts, check the minute to minute CAT exam day schedule for Slot 1, 2, 3. All steps the flowchart above are broken down for each exam slot.

CAT 2025 Slot wise Timings: Check Slot 1, Slot 2 & Slot 3 Time

CAT 2025 will be conducted in on November 30, 2025 in **three slots: Morning, Afternoon, and Evening**. Duration for each slot is 2 hours long. Candidates must report **90 minutes before their slot** for biometric verification and document checks. Here are the exact CAT 2025 exam timings and reporting times for all three slots in the table below:

CAT Slot	CAT Session	CAT Exam Time	CAT Exam Reporting Time
CAT Slot 1	Morning	8:30 AM – 10:30 AM	7:00 AM
CAT Slot 2	Afternoon	12:30 PM – 2:30 PM	11:00 AM
CAT Slot 3	Evening	4:30 PM – 6:30 PM	3:00 PM

In short,

- CAT 2025 Slot 1 Time is 8:30 AM- 10:30 AM.
- CAT 2025 Slot 2 Time is 12:30 PM- 2:30 PM.
- CAT 2025 Slot 3 Time is 4:30 PM- 6:30 PM.

CAT 2025 Slot 1 Timing, Flowchart, Important Instructions

CAT 2025 Slot 1 reporting time, exam start time, exam end time and other activities involved on the exam date are as below:

Time	Activity

7:00 AM	**Report On-Time:** Reach the CAT exam centre by the reporting time. Arrive slightly early as there may be a queue outside.
7:05 AM	**Find Lab:** Check your assigned Test Lab number at the barcode/help desk.
7:10 AM	**Show Admit Card:** First scrutiny of admit card and documents at the entry gate.
7:15 AM	**Deposit Belongings:** Submit mobile phone, wallet, watch, bag and other restricted items.
7:25 AM	**Security Frisking:** Undergo mandatory frisking before entering the exam area.
7:30 AM	**Document Check:** Verify your admit card and valid photo ID at the Test Lab entrance.
7:40 AM	**Enter Test Lab:** Proceed to your allotted lab and wait for next instructions.
7:50 AM	**Sign Attendance:** Sign the attendance sheet at the registration desk.
7:55 AM	**Biometric Registration:** Complete photo capture and iris scan as per process.
8:05 AM	**Verify Photo:** Check and confirm that the captured photograph is correct.
8:10 AM	**Take Seat:** Sit at your assigned computer. Pen and scribble pad will be provided.
8:15 AM	**Login System:** Complete the first login on your terminal.
8:20 AM	**Verify Profile:** Check and confirm personal info entered during registration.
8:25 AM	**Read Instructions:** Read the exam rules carefully and accept the declaration.
8:30 AM	**Start Exam:** CAT 2025 Slot 1 begins. Manage time carefully.
10:30 AM	**Submit Feedback:** Exam ends and feedback form appears. Submit your response.
10:35 AM	**Return Material:** Return scribble pad, pen and admit card.

Time	Activity
10:40 AM	**Exit Lab:** Leave the test lab and collect deposited belongings.
10:45 AM	**Leave Centre:** Exit the exam centre premises calmly.

CAT 2025 Slot 2 Timing, Flowchart, Important Instructions

CAT 2025 Slot 2 reporting time, exam start time, exam end time and other activities involved on the exam date are as below:

Time	Activity
11:00 AM	**Report On-Time:** Reach the CAT exam centre by reporting time. Arrive slightly early as queues may form.
11:05 AM	**Find Lab:** Check your assigned Test Lab number at the barcode/help desk.
11:10 AM	**Show Admit Card:** First scrutiny of admit card and identity proof at the entry gate.
11:15 AM	**Deposit Belongings:** Submit mobile phone, smartwatch, wallet, bag and other restricted items.
11:25 AM	**Security Frisking:** Undergo mandatory frisking before being allowed further inside.
11:30 AM	**Document Check:** Final verification of admit card and ID at lab entrance.
11:40 AM	**Enter Test Lab:** Proceed to allotted lab after verification.
11:50 AM	**Sign Attendance:** Sign the manual attendance sheet at the registration desk.
11:55 AM	**Biometric Registration:** Complete photo capture and iris scan.
12:05 PM	**Verify Photo:** Check the displayed image on the registration terminal.
12:10 PM	**Take Seat:** Sit at assigned computer terminal. Scribble pad and pen will be provided.
12:15 PM	**Login System:** Complete initial system login.
12:20 PM	**Verify Profile:** Confirm personal details entered during CAT registration.

Time	Activity
12:25 PM	**Read Instructions:** Carefully read exam rules and accept declaration.
12:30 PM	**Start Exam:** CAT Slot 2 begins. Maintain accuracy and pacing.
2:30 PM	**Submit Feedback:** Exam ends and feedback page appears. Submit if required.
2:35 PM	**Return Material:** Submit scribble pad, pen, and admit card as instructed.
2:40 PM	**Exit Lab:** Leave the test lab and retrieve belongings.
2:45 PM	**Exit Centre:** Leave the exam centre premises calmly.

CAT 2025 Slot 3 Timing, Flowchart, Important Instructions

CAT 2025 Slot 3 reporting time, exam start time, exam end time and other activities involved on the exam date are as below:

Time	Activity
3:00 PM	**Report On-Time:** Reach the centre at reporting time. Arrive a little early to avoid last-minute stress.
3:05 PM	**Find Lab:** Check assigned Test Lab number at the barcode/help desk.
3:10 PM	**Show Admit Card:** First scrutiny of documents at the entry gate.
3:15 PM	**Deposit Belongings:** Deposit phone, smartwatch, wallet, bag and all restricted items.
3:25 PM	**Security Frisking:** Undergo mandatory frisking by security staff.
3:30 PM	**Document Check:** Verify admit card and government ID at lab entrance.
3:40 PM	**Enter Test Lab:** Proceed to your assigned exam lab.
3:50 PM	**Sign Attendance:** Sign the attendance sheet at the registration desk.
3:55 PM	**Biometric Registration:** Complete photo capture and iris scan.

4:05 PM	**Verify Photo:** Confirm that the correct image appears on the registration screen.
4:10 PM	**Take Seat:** Sit at the assigned terminal where pen and scribble pad will be available.
4:15 PM	**Login System:** Complete first login to the exam interface.
4:20 PM	**Verify Profile:** Review and confirm personal details.
4:25 PM	**Read Instructions:** Carefully read and accept the exam instructions.
4:30 PM	**Start Exam:** CAT Slot 3 begins. Stay focused and manage your time effectively.
6:30 PM	**Submit Feedback:** Exam ends and feedback page appears. Submit feedback.
6:35 PM	**Return Material:** Return scribble pad, pen, and admit card if required.
6:40 PM	**Exit Lab:** Leave the test room and collect deposited belongings.
6:45 PM	**Exit Centre:** Exit the exam premises. Avoid crowding around the gate.

Free CAT Resources: CAT Cut Offs, Score Vs Percentile, Predictor

MBAUniverse.com has launched free CAT 2025 resources to help you set clear CAT targets and optimise your preparation and college applications. First, check the required **CAT Cut Offs 2025** percentiles for shortlisting at 21 IIMs and top Non-IIMs. Next, check the required score using **CAT Score vs Percentile 2025**. Finally, estimate your percentile before and after the exam using the **CAT Percentile Predictor 2025**. All tools are free to use and live now. Read more details below and try them now!

CAT 2025 Score vs Percentile (Past Trends & Prediction)

CAT Score vs Percentile shows the marks needed to secure 99, 95, 90, 85 percentile and lower percentiles. For example, in CAT 2024, scoring around 93–94 marks resulted in a 99 percentile. Read this updated **CAT Score vs Percentile 2025** guide to understand how CAT percentile is calculated, review previous years' trends, and check predictions for CAT 2025.

CAT Percentile Predictor 2025

CAT Percentile Predictor is online calculator, developed by MBAUniverse.com, that helps you calculate your marks and percentile in the CAT exam based on your actual or expected performance. This free tool functions as both a **CAT Marks Calculator 2025** and a **CAT**

Percentile Predictor 2025, allowing you to estimate your CAT performance and decide which MBA colleges you should apply to.

CAT Cut Offs for IIMs and Non-IIM B-schools

CAT Cut Offs refer to the minimum percentile required to be shortlisted for the MBA admission process at IIMs and other top B-schools. This year, IIM Ahmedabad has increased its minimum CAT cut offs, while IIM Calcutta and IIM Bangalore continue with lower cut offs. Check **CAT Cut Offs 2025** for all IIMs and leading non-IIM MBA colleges. This will motivate you to make the best use of the remaining days before CAT.

In summary, CAT Exam Day Dos and Don'ts 2025 are important guidelines and instructions that are issued by IIMs for candidates. Following CAT Exam Rules and Guidelines as listed above will ensure that you can smoothly take the CAT 2025 Exam on November 30, 2025. Remember to save CAT 2025 exam day Dos & Don'ts PDF and CAT 2025 Exam Day Guidelines PDF from links in the article.