

MAT Preparation 2026: Strategy, Books, Online Courses; Download Free PDF Guide

MAT 2026 exam preparation requires understanding the exam pattern and syllabus, revising basic concepts and taking MAT Mock Tests to improve score. MAT Exam is easier than CAT or XAT exams. Exam Pattern is divided into 5 sections with 150 total questions. Check Section Wise MAT Exam Preparation Strategy, Books, Study Material. Download Free PDF Guide for offline preparation. Also check [MAT Mock Tests 2026](#) and [MAT Previous Year Question Paper 2026](#) to improve your preparation. [MAT exam 2026](#) will be held on March 1 and 8, 2026, and [MAT Registration 2026](#) is open.



MAT Preparation 2026

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MAT Exam Pattern 2026

You should start your MAT preparation by understanding its pattern. MAT Exam Pattern 2026 consists 30 questions in five sections: Language Comprehension, Intelligence and Critical Reasoning, Data Analysis and Data Sufficiency, Mathematical Skills and Economic & Business Environment. Total number of questions in MAT exam paper are 150. Check complete details about exam pattern in table below.

MAT 2025 Exam Pattern

MAT Exam Components	No of Questions (All MCQs)	Sectional Time Limit (In Minutes)
Section 1: Language Comprehension	30	No Time Limit
Section 2: Intelligence and Critical Reasoning	30	No Time Limit
Section 3: Data Analysis and Data Sufficiency	30	No Time Limit
Section 4: Mathematical Skills	30	No Time Limit
Section 5: Economic & Business Environment	30	No Time Limit
Total	150	120 Minutes

MAT Exam Pattern – Section Wise

Next step in your MAT preparation is to understand MAT pattern for all the five sections, as below:

Section 1: Language Comprehension

The section-1 in MAT exam is Language Comprehension, which is divided into two parts – Verbal Ability and Reading Comprehension.

- RC Passages on Current Affairs and Political Developments
- RC Passages on Science
- Jumbled Paragraphs
- Antonyms/Synonyms
- RC Passages on Business & Economic
- RC Passages in Abstract Topics and Fiction
- Error Correction of Verb, Noun, Pronoun, Adjective, Adverb and other parts of speech in the Sentences.

- Fill in the blanks
- RC passages from various English Literature Books
- RC Passages on Historical Events and Mythology
- Correcting the sequence of sentences in the paragraph for example correct use of conditional sentence, time clauses, reported speech, passive writing
- Idioms/Phrases

Section 2: Intelligence and Critical Reasoning

The Section-2 on Intelligence & Critical Reasoning consists of two parts with Analytical and Logical Reasoning questions.

- Fact Inference Judgment
- Clocks
- Seating Arrangement
- Assumption
- Linear and matrix arrangement
- Input-Output
- Cubes
- Passage Conclusion
- Calendars
- Blood Relations (Family Tree)
- Premise
- Team Formation
- Series
- Rows
- Analogy
- Binary logic
- Logical Sequence
- Conclusion
- Direction sense and Decision Making
- Syllogism
- Puzzles

Section 3: Data Analysis and Data Sufficiency

The section-3 in MAT exam pattern consists of Data Analysis & Data sufficiency which also has two types of questions – the first type is on Data Analysis which is closer to Data Interpretation and other type of questions are on Data sufficiency.

Data Analysis and Data Sufficiency

This section is divided into two parts – Data Analysis and Data Sufficiency. Questions are asked from:

- Line Graph
- Pie Chart
- Bar Graph
- Data Comparison
- Caselet
- Quantitative Comparison and Data Sufficiency

Section 4: Mathematical Skills

The Section-4 in MAT exam is the Mathematical Skills section. This section is basically the Quantitative Ability section. It is very wide and covers each and every topic in Mathematics with greater emphasis on Arithmetic.

Mathematical Skills

This Mathematical Skills of MAT is Quantitative Aptitude section. In this section, questions are asked

- Arithmetic
- Trigonometry
- Algebra
- Mensuration Modern Maths
- Geometry

Section 5: Economic & Business Environment

This section includes questions from both Current Affairs and Static GK.

Although this section carries 30 marks, it is not taken into consideration to determine candidate's MAT score and percentile. So, this section is given low priority by students. The questions are asked from the below topics

- Current Affairs
- Constitution of India
- Business & Economics
- Monetary & Fiscal Tools
- Who's who
- Emblem & Logos
- Currency and Capitals
- Personalities

MAT Preparation 2026: Overview

In the MAT exam, each section carries equal weightage in terms of both the number of questions and marks. To excel in MAT Exam Preparation and successfully clear the MAT exam, candidates should adopt section-wise preparation strategies.

For the MAT Language Comprehension section, focus on strengthening the basics, refining reading skills, and regularly practicing reading comprehension exercises.

In the MAT Mathematical Skills and Data Analysis & Sufficiency sections, daily practice and building a solid foundation are crucial for performing well.

For the MAT Indian and Global Environment section, it is advisable to refer to a reputable GK book to prepare comprehensively.

To enhance your preparation further, consider utilizing books authored by renowned experts such as Arun Sharma, as they come highly recommended for MAT preparation. Following these strategies will enable you to tackle each section effectively and increase your chances of success in the MAT exam.

Let's now review section wise MAT preparation plan.

MAT Preparation 2026: Language Comprehension

MAT 2026 Syllabus for Language Comprehension section in MAT is divided into 2 parts: Reading Comprehension passages and Grammar & other parts of Verbal Ability.

MAT Syllabus for Reading Comprehension Passages

- RC Passages on Current Affairs and Political Developments
- RC Passages on Science
- RC Passages on Business & Economic
- RC Passages in Abstract Topics and Fiction
- RC passages from various English Literature Books
- RC Passages on Historical Events and Mythology

MAT Syllabus for Verbal Ability

- Jumbled Paragraphs
- Antonyms/Synonyms
- Error Correction of Verb, Noun, Pronoun, Adjective, Adverb and other parts of speech in the Sentences.
- Fill in the blanks
- Correcting the sequence of sentences in the paragraph for example correct use of conditional sentence, time clauses, reported speech, passive writing
- Idioms/Phrases

To be able to solve questions on above topics, experts have recommended following MAT Preparation tips for Language Comprehension Preparation section.

1. Read the newspaper daily: Regular reading helps in improving comprehension skills and staying updated with current affairs.
2. Make reading a daily habit: Consistent reading habits aid in familiarizing yourself with various writing styles and vocabulary.

3. Remember the moderate difficulty level of the section: Be prepared for the moderate difficulty level of questions in this section and allocate sufficient time for practice.
4. Enhance vocabulary using flashcards and apps: Utilize flashcards and vocabulary-building apps to expand your word bank, improving comprehension and answering skills.
5. Subscribe to YouTube channels for language improvement: Explore educational YouTube channels focused on language and comprehension improvement for additional learning resources.
6. Select the right topic in reading comprehension: Choose topics that interest you and align with your strengths to maximize understanding and retention.
7. Understand the main idea of the passage for easier answering: Grasp the central theme or idea of the passage before delving into specific questions, aiding in more efficient answering.
8. Master grammar basics: Utilize trusted grammar resources like the Wren and Martin Grammar Book to solidify your understanding of grammar rules, enhancing overall comprehension skills.

MAT Preparation: Intelligence and Critical Reasoning

MAT Syllabus for Intelligence and Critical Reasoning section includes questions on following topics

- Fact Inference Judgment
- Clocks
- Seating Arrangement
- Assumption
- Linear and matrix arrangement
- Input-Output
- Cubes
- Passage Conclusion
- Calendars
- Blood Relations (Family Tree)
- Premise
- Team Formation

- Series
- Rows
- Analogy
- Binary logic
- Logical Sequence
- Conclusion
- Direction sense and Decision Making
- Syllogism
- Puzzles

To excel in MAT Intelligence and Critical Reasoning section, consider these expert tips:

1. Carefully read and understand the question type before solving: Take the time to comprehend the nature of each question and the reasoning required to solve it. Familiarize yourself with different question formats and their corresponding strategies.
2. Avoid making guesses or assumptions: Base your answers solely on the information provided in the question. Avoid guessing or making assumptions, as this can lead to incorrect responses.
3. Remember, the correct answer is among the provided options: Eliminate improbable choices and focus on selecting the most logical option among those provided. Remember that the correct answer is always present among the given choices.
4. Don't panic or overthink; stay composed during the challenging section: Maintain a calm and composed mindset, especially when faced with challenging questions. Panicking or overthinking can cloud your judgment and hinder your performance.
5. Focus on speed and time management to avoid getting stuck: Allocate an appropriate amount of time to each question and prioritize efficiency. If you encounter a particularly difficult question, consider skipping it temporarily and revisiting it later if time allows.
6. Practice multiple mock tests and sample papers to build confidence: Regular practice is key to improving your skills and confidence in intelligence and critical reasoning. Utilize mock tests and sample

papers to familiarize yourself with different question types and hone your problem-solving abilities.

MAT Preparation: Data Analysis & Data Sufficiency

This section is divided into two parts – Data Analysis and Data Sufficiency. Questions are asked from:

- Line Graph
- Pie Chart
- Bar Graph
- Data Comparison
- Caselet
- Quantitative Comparison and Data Sufficiency

To excel in MAT Data Analysis & Sufficiency section, consider these MAT expert preparation tips:

1. Carefully read questions before attempting them: Take time to thoroughly understand each question before proceeding to solve it. Pay attention to the provided data and the specific requirements of the question.
2. Avoid skimming through questions: Skimming can lead to overlooking crucial details or misinterpreting the problem. Read each question attentively to grasp its context and requirements accurately.
3. Use provided information; avoid assumptions: Rely solely on the information provided in the question and avoid making assumptions or adding external information. Stick to the data given to derive conclusions and solve the problem effectively.
4. Solve questions in the order of Easy > Medium > Hard: Begin with questions that appear easier or more straightforward to build confidence and momentum. Gradually progress to more challenging questions, utilizing the skills and strategies developed along the way.
5. Skip lengthy questions if time is limited: If faced with time constraints, prioritize completing questions efficiently over attempting every

question. Skip lengthy or complex questions temporarily and return to them later if time permits, focusing on maximizing your overall score within the allotted time frame.

MAT Preparation: Mathematical Skills

In this section, questions are asked from:

- Arithmetic
- Trigonometry
- Algebra
- Mensuration Modern Maths
- Geometry
- Other areas

To excel in MAT Mathematical Skills section, experts have recommended following MAT preparation tips:

1. **Clear basics using high school textbooks:** Ensure a strong foundation by revisiting fundamental concepts through high school textbooks, reinforcing your understanding of core mathematical principles.
2. **Practice regularly for this section:** Regular practice is key to mastering mathematical skills. Dedicate consistent time to solving problems from various topics covered in the MAT syllabus.
3. **Improve speed and accuracy:** Focus on enhancing both speed and accuracy by gradually increasing the difficulty of practice problems while maintaining precision in your calculations.
4. **Begin mock tests with easy questions and progress to harder ones:** Start your mock test sessions with easier questions to build confidence and gradually transition to more challenging problems. This approach helps in developing problem-solving strategies for a wide range of difficulty levels.

5. **Display important formulae on a visible wall for passive memorization:**

memorization: Create visual aids such as posters or flashcards displaying key mathematical formulas and concepts. This passive memorization technique can reinforce retention and aid in quick recall during exams.

6. **Master shortcuts and Vedic math for quicker problem-solving:**

Explore shortcuts and techniques from Vedic math and other mathematical methodologies to streamline problem-solving processes. Efficient use of shortcuts can save time and improve your overall performance in the MAT exam.

MAT Preparation: Economic & Business Environment

This section includes questions from both Current Affairs and Static GK. Although this section carries 40 marks, it is not taken into consideration to determine candidate's MAT score and percentile. So this section must be given low priority by students. To excel in MAT Indian and Global Environment, consider these tips:

1. **Daily newspaper/ news-website reading:** Stay updated with current affairs by reading newspapers regularly. Focus on national and international news to broaden your understanding of various topics.
2. **Organize notes based on relevance:** Keep your study materials organized by prioritizing important information and arranging it in a structured manner. This will help you easily review and revise key points.
3. **Use Flash Cards for factual information:** Use flashcards to memorize and recall important factual details such as dates, events, and statistics related to Indian and global affairs.
4. **Watch news suitable for entrance exams:** Explore news channels or programs specifically designed for entrance exam preparation. These resources often highlight relevant topics and provide insights into current affairs from an exam-oriented perspective.
5. **Familiarize yourself with the economy, banking and business sector:** Develop an understanding of key concepts and developments

in the banking and business sectors, as these topics are frequently covered in Indian and global affairs sections of the MAT exam.

6. Refer to magazines, newspapers, and articles on Indian government, international developments: Explore a variety of sources such as magazines, newspapers, and online articles to gain insights into diverse topics including Indian government policies, international affairs, business trends, and sports events. This comprehensive approach will broaden your knowledge base and enhance your performance in the Indian and Global Environment section of the MAT exam.

MAT Exam Preparation Books

MAT exam pattern and syllabus is similar to CAT exam, although the difficulty level of questions is lower. So, if you use the best [CAT preparations books by Arun Sharma](#), or other good authors. Details are given below. If you don't want to use CAT preparation books, you can buy best MAT preparation books, listed below. Click on the buy link to purchase the best books at big discounts.

MAT Exam Study Material for MAT Preparation

Book Title	Mission MBA MAT Mock Tests and Solved Papers
Author	BS Sijwalii & Tarun Goyal
Price	M.R.P.: Rs. 825.00 Save: Rs. 17 (2%) Rs. 808.00 incl. GST
Buy Now Link	Order Now

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MAT Preparation Books by Arun Sharma

CAT Books by Arun Sharma

Book Title	How to Prepare for Quantitative Aptitude
Author	Arun Sharma
Edition	12th Edition Paperback (15 June 2025)
Price	M.R.P.: Rs.1,050.00 Save: Rs.355.00 (34%) Rs.695.00 incl. GST
Buy Now Link	Order Now
Book Title	How to Prepare for Verbal Ability & Reading Comprehension
Author	Arun Sharma
Edition	12th Edition VARC Paperback (15 June 2025)
Price	M.R.P.: Rs.1,020.00 Save: Rs.305.00 (30%) Rs.715.00 incl. GST
Buy Now Link	Order Now
Book Title	How to Prepare For Data Interpretation
Author	Arun Sharma
Edition	9th Edition Paperback (15 June 2025)
Price	M.R.P.: Rs. 885.00 Save: Rs. 266.00 (30%) Rs. 619.00 incl. GST
Buy Now Link	Order Now
Book Title	How to Prepare For Logical Reasoning
Author	Arun Sharma
Edition	8th Edition Paperback (15 June 2025)

Book Title	How to Prepare for Quantitative Aptitude
Price	M.R.P.: Rs. 885.00 Save: Rs. 266.00 (30%) Rs. 619.00 incl. GST
Buy Now Link	Order Now
Book Title	Chapter Wise Solved Previous Years' Papers for CAT
Author	Arun Sharma
Edition	3rd Edition Paperback (5 August 2024)
Price	M.R.P.: Rs. 795.00 Save: Rs. 233 (29%) Rs. 562.00 incl. GST
Buy Now Link	Order Now

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MAT Exam Preparation Tips 2026

Here are effective MAT Exam Preparation Tips that can help you score high in the MAT exam.

1. **Create a Study Plan:** You should have a dedicated specific time slots to each section daily. Ensure regular breaks to avoid burnout.
2. **Solve Mock Tests and Practice Papers:** Mock tests are very important for understanding the exam pattern and managing time effectively. Remember to analyze your performance to identify strengths and weaknesses. Familiarize yourself with question types that are frequently repeated.
3. **Focus on Speed and Accuracy:** If you have time, develop shortcut methods for quantitative problems. You should also practice mental math to save time during the exam.
4. **Enhance General Knowledge:** Stay updated with current affairs by reading newspapers and magazines regularly.

Last Minute Tips for MAT Preparation: How to Prepare in Few Days

As the exam date approaches, focus on fine-tuning your strategy rather than starting new topics that you are not familiar with. Here are MAT last-minute tips on how to prepare in few days.

1. Revise Key Concepts

- Review formulas, grammar rules, and reasoning techniques
- Avoid learning new information at the last moment.

Take Mock Tests in Test-Like Conditions

- While taking Mocks, simulate the exam environment in your home to get accustomed to time pressure.

Prepare a Quick MAT Revision Guide

- Summarize key formulas, vocabulary words, and reasoning tricks in one place for quick reference.

MAT Exam Day Tips

Here are effective MAT exam day tips, and MAT exam dos and don'ts to help you perform well on exam day.

1. Plan Your Exam Day Well

- Arrive at the center well in advance with all necessary documents like MAT admit card and ID proof.
- Stay calm in case of any delays, and avoid last-minute panic.
- Dress well to avoid any last-minute issues with hot/cold weather.

Manage Time During the Exam

- Attempt easy questions first to build confidence.
- Divide time across sections based on your strengths.

Stay Positive and Confident

- Avoid spending too much time on difficult questions.
- Remember, every mark counts, so maintain accuracy

In summary, this article offers MAT Preparation 2026 Strategy and Tips. MAT Books and Courses are also given. You can also download MAT Preparation 2026 PDF Guide from the links above. Take [MAT Mock Tests 2026](#), [MAT Sample Paper 2026](#) and [MAT Previous Year Question Paper 2026](#) to improve your preparation and achieve high scores.

Frequently Asked Questions on MAT Preparation

Frequently Asked Questions

Q: Is it possible to crack MAT exam without coaching?

A: Yes, it is possible to prepare for MAT Exam without coaching. If you have prepared for CAT or XAT exams, use the same material. Else organize preparation books/material from the above list. Cover basics and then start taking MAT Mock Test from the above links. This way you can prepare for MAT exam without coaching.

Q: What is the easiest way to crack the MAT exam?

A: Easiest way to prepare for MAT Exam in a few weeks is to take MAT Mock Test from the above links. Analyze your errors and understand your weakness. Then, cover weak topics by referring to good books.

Q: How to prepare for MAT exam next month.

A: If you have prepared for CAT or XAT exams, revise the same books and preparation material. If MAT is your first exam, arrange preparation books and material from the above list. Cover basics and then start taking MAT Mock Test from the above links. This way you can prepare for MAT exam next month.

Q: How to prepare for MAT exam in a week

A: One week is a short time. But to prepare for MAT exam in a week, understand MAT Exam Pattern. Then take 3-4 MAT Mock Tests. Analyze your regular mistakes and understand how to correct them. This way you can prepare for MAT exam in a week.

Q: How to Prepare for MAT 2025 Exam in One Month?

A: If you have prepared for CAT or XAT exams, revise the same books and preparation material. If MAT is your first exam, arrange preparation books and material from the above list. Cover basics and then start taking MAT Mock Test from the above links. This way you can prepare for MAT exam in one month.

Q: How to prepare for MAT exam at home?

A: You can prepare for MAT exam from home by improving the fundamentals and taking free Mock tests.

Is Economic & Business Environment section score included in final MAT 2026 percentile calculation?

No, the Economic & Business Environment section is not considered when determining a candidate's final MAT percentile. Although this section contains 30 questions, only the other four core sections decide the composite score.

What are the best books for MAT 2026 preparation?

Arun Sharma's CAT preparation books are the best books for MAT preparation. Because the MAT syllabus is similar to CAT but at a lower difficulty level, Arun Sharma's guides for Quantitative Aptitude, Verbal Ability (VARC), and Data Interpretation (DI) are highly effective.